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Eltereschoul Doheem #3

In this period of school holidays some thoughts on the importance of children's games:

«To play is to grow up! »

By playing, children become familiar with their environment, discover their capacities but also their limits. So for them, playing is at the same time fun and a way to grow up. What conditions are necessary for a child to be able to play?

- To play children need time and they need to be allowed to play quietly. Make sure that a child's game is not interrupted too often and avoid an overloaded family calendar.
- Children want to be the director of their own games. They do not appreciate parents interfering without obvious reasons. Through play, they learn how to handle problems and conflicts on their own.
- The parental role is to encourage, stimulate, help, suggest and inform. Often they are involved in the game, sometimes they are simply "observers".
- Parents should not only appreciate the outcome of the game. It is equally important to encourage the children along the way and to motivate them so that they do not give up.
- Less is more! Children are overwhelmed with toys, be courageous enough to sort through and put away some of the toys. Sometimes everyday objects become the most interesting toys!
- Children don't need constant entertainment. Learning to be bored is very important and being temporarily bored can be a real source of creativity.

As parents now spend much more time with their children than usual, they have the chance to get to know them better and understand why playing is so important for their development. Don't miss this opportunity!

The Eltereschoul team

If you have any further questions, please do not hesitate to contact us by e-mail: eltereschoul@kannerschlass.lu.

Leave your name and phone number and a member of the team will contact you as soon as possible.

