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Eltereschoul Doheem #13

Dear parents,

Guiding your child as it grows up and develops calls for a constant balancing act between protection, necessary limits and freedom to experiment. In this edition of our letter to parents, the School for Parents focuses on the theme of rules in education.

Growing up with limits and guide marks!

To build his/her personality and learn to coexist with others, a child needs the benevolent in a family and, more importantly, how are they to be set up?

- The rules are there primarily to protect children, but also to reassure them and teach them to recognize what is allowed and what is not. Be careful, as parents, you play an important educational role.
- It is easier for children to absorb clear messages that have been laid down in advance and in a positive way.
- The rules must evolve with a child's age, skills and needs.
- However, children also need freedom to grow. Too many rules can smother them, so it's best to stick to a few essential rules.
- Obviously, anger, frustration and disagreement are very intense emotions that children may experience when faced with these limitations. If you can assess their reactions without judging them, children will more easily accept the rules imposed on them.
- If the situation is felt to be difficult, don't hesitate to talk about it with another family member, friend or a professional. An outside opinion can often help to resolve tension and to find alternative ways of dealing with the situation.

The School for Parents is organizing **an online workshop** called "Règles et limites dans l'éducation de nos enfants" (FR) on **December 2nd at 6:00 pm**. This workshop will be moderated by Carole Jaas, remedial educator.

*To register for the seminar, please send an email to: eltereschoul@kannerschlass.lu .
Deadline for registration: November 26, 2020*

The School for Parents' Team

