



Eltereschoul J. Korczak  
Fondation Kannerschlass  
Tél. 59 59 59 59  
[eltereschoul@kannerschlass.lu](mailto:eltereschoul@kannerschlass.lu)  
[www.kannerschlass.lu](http://www.kannerschlass.lu)

13 mai 2020

## **Eltereschoul Doheem #7**

Dear parents,

Soon it will be the turn of the nurseries to open their doors. If the parents so wish, their younger children will be able to go back there. How can we best make this transition easier for our children?

### **De-confinement: My child goes back to the nursery**

While respecting new instructions and social distancing to protect ourselves, it is still important to guarantee children a safe passage to the nursery while respecting their needs.

- After confinement, separation from their parents is difficult for all children. This is perfectly normal. With patience and above all while respecting their needs, the little ones will rediscover their old habits.
- A period of adjustment is essential for babies and toddlers. Even those who used to go to a crèche before confinement will have forgotten their experiences with the group. Like this, they will gradually be able to find their bearings again.
- Children need routine to find their feet in a new situation. Try to imagine little gestures and habits that will be part of their transition to the nursery.
- A child who cannot yet speak expresses his emotions and feelings through behaviour. An understanding attitude, the necessary attention and age-appropriate explanations help to reassure your child.
- You may be apprehensive about this return. Remember that even the youngest children can easily be affected by their parents' anxieties. Don't keep constantly voicing your worries in front of the children.
- Seeing adults wearing masks will worry babies. Seeing you wearing a mask at home will quite likely demystify the situation. Put a mask onto his favourite cuddly toy! Why not make it a fun game, a habit, and bring some normality back to this extraordinary situation.

Going to a nursery and to school is one of the themes regularly discussed by the School for Parents in cooperation with nurseries, day care centres and schools.

### **The Eltereschoul team**

If you have any further questions, please do not hesitate to contact us by e-mail: [eltereschoul@kannerschlass.lu](mailto:eltereschoul@kannerschlass.lu).  
Leave your name and phone number and a member of the team will contact you as soon as possible.

